

Kohl Wholesale

KOHL BREAKFAST CYCLE

002 - KOHL WHOLESALE

2023-2024 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients																																																																																																																																																																																			
Aug - 7 *FRENCH TOAST BITES *CHOICE OF FRUIT *MILK, 1%	Aug - 8 *CHIX SAUS & CHZ/ENG MUFF *CHOICE OF FRUIT *MILK, 1%	Aug - 9 *CINN TST CRUNCH BREAKFAST BAR *COCOA PUFFS SOFT BREAKFAST BA *CHOICE OF FRUIT *MILK, 1%	Aug - 10 *BREAKFAST PIZZA BACON SCRAMBL *CHOICE OF FRUIT *MILK, 1%	Aug - 11 *YOGURT FRUIT PARFAIT *CINNAMON ROLL, WG *CHOICE OF FRUIT *MILK, 1%	Avg Nutrients Target Cals... 543 109% Sodium. 569 mg Fiber.. 7.8 g Sugar 29.8*g 21.9%Cal Prot 18.3g 13.5%Cal Carb 85.6g 63.1%Cal T.Fat 14.4g 23.8%Cal S.Fat 5.8g 9.7%Cal																																																																																																																																																																																			
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Aug - 14 *DUTCH WAFFLE W/G *FRUIT CUP, FRZ, 100% JUICE *CHOICE OF FRUIT *MILK, 1%	Aug - 15 *BURRITO, EGG & CHEESE WG, CABO *CHOICE OF FRUIT *MILK, 1%	Aug - 16 *CEREAL, BOWL PACK, CHOICE *BANANA BREAD SLICE wg *CHOICE OF FRUIT *MILK, 1%	Aug - 17 *PANCAKE BRKFST SANDWICH *CHOICE OF FRUIT *MILK, 1%	Aug - 18 *FRUITY OATMEAL *CHOICE OF FRUIT *MILK, 1%	Avg Nutrients Target Cals... 489 100% Sodium. 444 mg Fiber.. 7.8 g Sugar 34.1*g 27.9%Cal Prot 15.2g 12.5%Cal Carb 83.2g 68.1%Cal T.Fat 11.0g 20.3%Cal S.Fat 3.7g 6.9%Cal																																																																																																																																																																																			
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Carb	86.1g	71.5%Cal																																																																																																																																																																																						
T.Fat	8.9g	16.7%Cal																																																																																																																																																																																						
S.Fat	3.1g	5.8%Cal																																																																																																																																																																																						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Kohl Wholesale
KOHL BREAKFAST CYCLE
002 - KOHL WHOLESALE
2023-2024 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Aug - 21	Aug - 22	Aug - 23	Aug - 24	Aug - 25	Avg Nutrients Target Cals... *N/A* Sodium. *N/A* mg Fiber.. *N/A* g Sugar *N/A*g *N/A*%Cal Prot *N/A*g *N/A*%Cal Carb *N/A*g *N/A*%Cal T.Fat *N/A*g *N/A*%Cal S.Fat *N/A*g *N/A*%Cal
Aug - 28	Aug - 29	Aug - 30	Aug - 31	Sep - 1	Avg Nutrients Target Cals... *N/A* Sodium. *N/A* mg Fiber.. *N/A* g Sugar *N/A*g *N/A*%Cal Prot *N/A*g *N/A*%Cal Carb *N/A*g *N/A*%Cal T.Fat *N/A*g *N/A*%Cal S.Fat *N/A*g *N/A*%Cal

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	516	450-500	103%	Sugars	31.91* g	24.74%	
Sodium	507 mg	540		Protein	16.78 g	13.01%	
Fiber	7.83 g			Carbohyd	84.41 g	65.45%	
				Tot. Fat	12.70 g	22.17%	
				Sat. Fat	4.79 g	8.35%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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